



Understanding their thoughts..
 Understanding their behaviors..
 Understanding your concerns..
 CBHC is bringing it together to improve the well-being of Charlotte County families - one child - one teenager - one family - at a time.

Fees

Fees are based on a sliding scale with income verification required. Private health insurance, Value Options, Medicaid and Medicare assignments are accepted, when applicable. Limited funding is available for families who reside within Charlotte County with children between 3 and 18 years who are dealing with mental health or behavioral issues that are not covered by medical insurance.



Our expert professional staff can help with the following (in addition to other child/adolescent related issues):

- ◆ *Adjustment Disorders*
- ◆ *Attention Deficit Disorders*
- ◆ *Autism*
- ◆ *Bipolar Disorder*
- ◆ *Oppositional/Defiant Disorder*
- ◆ *Conduct Disorder*
- ◆ *Emotional/Behavioral Issues*
- ◆ *General Anxiety Disorders*
- ◆ *Substance Abuse*
- ◆ *Sexual, Physical or Emotional Abuse*
- ◆ *Suicidal Thoughts*
- ◆ *Trauma/Grief*

CHARLOTTE



Behavioral Health Care



Charlotte Behavioral Health Care, Inc. is a not-for-profit, 501(C)(3) agency, funded in part through contracts with Florida Department of Children and Families, Charlotte County, Charlotte County School Board, United Way, Fred Lang Foundation and various grants and gifts.



Building Relationships

Achieving Goals!!!



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1700 Education Avenue
 Punta Gorda, FL 33950
 941-639-8300
 www.cbhcf.org
 Crisis Line: 941-575-0222



Building Relationships Achieving Goals!!!

B.R.A.G. is a group therapy program for children, adolescents, and parents. Charlotte Behavioral Health Care believes in supporting positive, healthy families. Our B.R.A.G. Program is designed to support children and parents in learning coping techniques to manage behaviors and improve family dynamics. B.R.A.G provides family treatment through child and parenting groups.

Children's Outpatient Services has added *Autism Spectrum Disorder (ASD)* Groups to our B.R.A.G. Program. In addition to our existing groups which serve grades pre-K through 12 we are adding groups for children with ASD for children and adolescents. There is also a concurrent parenting group for parents of ASD kids.

Our hope is that through program participation, our families will be able to *BRAG* more about what is working in their home!

B.R.A.G.'s "Strengthening Families" is a nationally recognized parenting and family strengthening program for children and families deemed high-risk. It has been found to reduce delinquency and problem behaviors and to improve school performance and social competencies. This innovative program utilizes concurrent parent and child group treatment and multi-family group therapy.

HOW TO ENROLL IN SERVICES AT CBHC

Services are available for children and adolescents ages 4-17 who are experiencing behavioral and/or emotional problems. Contact CBHC at 941-639-8300 to speak with our Outpatient Screener at x281 who can assist with scheduling an assessment for your child. CBHC accepts Medicaid, Private Insurances, and has funding for children without insurance coverage. Children's Services include Individual & Family therapy, Group Therapy (B.R.A.G. Program), Intensive Community Based Therapy, Case Management and Medication Management.



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For more information, contact:

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