

## Inpatient Medical Detoxification

Non addictive medications to ease detoxification and withdrawal symptoms are used as part of the treatment plan under the direction of a physician. Safety and comfort are integrated into the treatment process which usually takes five to seven days. Longer stays may be required.

## Extended Residential Care

Extended residential services are available, usually lasting about three weeks for adults who require a more prolonged intensive treatment to address their chemical dependency issues. Strategies focus on developing positive leisure skills and changing attitudes, thoughts and behaviors that are self defeating and a barrier to overcoming addiction and to sustaining an abstinent lifestyle. Because addiction issues affect the entire family, family members may be encouraged to participate in therapy.



## Admissions/Fees

At the Recovery Center, we schedule and accept qualified admissions seven days a week. While there are a few steps to the process, it's designed to get you into the appropriate level of treatment as quickly as possible.

Once you have made the initial inquiry regarding admission, our staff will talk with you individually to begin the general assessment.

During the assessment, your individual substance abuse, mental health and medical conditions will be evaluated. If you meet the qualifying criteria, treatment at the Recovery Center will be offered.

Recovery Center beds are available on a priority basis to Charlotte County residents and as available to out of county clients who are able to pay for services. A sliding fee scale is offered to individuals with proof of income. Many insurances accepted.



Charlotte Behavioral Health Care, Inc. is a not-for-profit, 501(C)(3) agency, funded in part through contracts with Florida Department of Children and Families, Charlotte County, Charlotte County School Board, United Way, Fred Lang Foundation and various grants and gifts.



*Recovery Starts Here...*

**941-347-6444**

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Punta Gorda, FL 33950

941-639-8300

[www.cbhcf.org](http://www.cbhcf.org)

**Crisis Line: 941-575-0222**



Detoxification and inpatient services are often the critical first step on the road to recovery. At the CBHC Recovery Center our state-of-the-art inpatient detoxification services are medically supervised in a modern, state licensed inpatient facility.

The Recovery Center is located in a scenic location of our forty acre campus and offers a quiet and restful atmosphere to begin your recovery process. The Recovery Center offers treatment of substance abuse problems for adults 18 and older who make the choice to commit to recovery...the first and most important step. The full and caring support of CBHC professional staff is there to walk with you as you discover your personal path to a life free of addiction.

Recovery at CBHC includes a continuum of care which addresses individual needs in a safe and focused environment. We know that for many individuals and their families the road to recovery will be a long and painful journey. Making the powerful decision to change directions – towards recovery – requires personal courage and the support of those who truly understand what it takes to begin and sustain this effort.

Our inpatient recovery care includes services for opiates, alcohol, cocaine, benzodiazepines and other substances. Admission to the CBHC Recovery Center is voluntary. Personalized treatment programs focus on helping individuals achieve and maintain a drug and alcohol abstinent lifestyle in recovery. The Recovery team, led by a physician, includes specialty trained therapists, nurses and recovery coaches who believe that chemical dependency is a treatable disease, a philosophy based in years of medical research. CBHC staff includes some who are in recovery themselves and who bring a personal perspective and a wealth of practical knowledge to individuals in the recovery process.



Spirituality is an integral component of most recovery programs, and Recovery Center staff is trained to educate, guide and support growth in recovery. Daily 12-step NA, AA and other community based support groups are a part of the CBHC Recovery Center experience. All of our residents are encouraged to participate while in treatment to help maintain abstinence and to prepare for ongoing recovery after discharge. Additionally, yoga and meditation classes are offered on-site weekly.

For individuals with a mental health diagnosis, sometimes referred to as dually diagnosed or co-occurring, treatment needs may be very different from the individual who is suffering from addiction alone. We provide integrated clinical expertise and treatment for such conditions as Depression, Anxiety and Bipolar Disorder.