



COMMITTED TO RESTORING HOPE AND CHANGING LIVES...

Healthy Minds

CHARLOTTE



Behavioral Health Care

IN THIS ISSUE

Ring in the New Year

By: Jay Glynn

I wish you all a Happy New Year. I hope it's a great year for each of you and your family. I also hope it's a good one for CBHC.

Over the last month I have met with most of the staff. I thank you for the time you all committed to the meetings. I received lots of good suggestions and feedback about what would make your jobs better and what would help our agency. We will take the suggestions and act on the ones that can be changed. Please be patient as many times the changes do take a while. We hope that this will open a dialog in the agency where we can continue to get feedback from everyone. We need the staff working in the various programs to keep us informed about what's working and what's not.

The discussions also focused on the future of health care and where we will be in the future. We are actively planning for the changes that will come in 2014 and we will be ready.

As I said in the meetings we have the necessary resources to meet the changing future of health care. The number one resource is the high level of professional staff working in all areas that will be able to help navigate that right course for the future. We are also financially sound as an agency. The future will be challenging but it will also be exciting.

We have come a long way as an agency in the way we work as a team. We no longer have departments that look only at their needs. Most of the staff now looks at things with a broader vision seeing the whole agency. Different departments are working together for the good of their common consumers. This teamwork is what will take us to the next level with the changes coming. I look forward to working with each of you in 2012 and again wish you a Happy New Year.



Toy Drive

Toys galore! CBHC held our first annual Toy Drive to help the underprivileged kids seen here at the agency.

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Holiday Party

Dancing, good eats, and good times at the Annual CBHC Holiday Party.

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1st Annual Toy Drive

By: Jessica Boles

CBHC hosted our first toy drive for consumers in response to the urgent need of struggling families. Toy donations will directly impact underprivileged children, many with mental illnesses and other behavioral needs, currently receiving services from CBHC. Charlotte Behavioral Health Care sees over 10,000 residents annually, 3,000 of these residents are children.

Jay Glynn, CEO at CBHC discussed the vital need for toys this holiday season. "The toys we receive from this drive will lift the hearts and spirits of the children receiving services here at the agency." Toy donations will alleviate pressure on families that would have had to choose between purchasing holiday gifts and necessary staples, such as

food. CBHC employees are pleased to support the agency toy drive to benefit children whose families may have limited resources this season. The toys will be distributed throughout the rest of the month to the children that are in need.

"Our Staff, CBHC Board of Directors and the Fred Lang Foundation Board really pulled through this holiday season and we are proud to have collected over 200 toys for our first toy drive here at the agency", states Jessica Boles, Director of Community Relations, "Our goal is to deliver, through a new toy at



FACTS

CBHC Employees, Board of Directors, Fred Lang Foundation, friends & families brought in over 200 toys for our First Annual Toy Drive and almost \$400 to purchase toys.

Christmas, a message of hope to our children that will motivate them to grow into productive and responsible citizens and leaders in our Charlotte County community."



Judges from left to right: Sushila Cherian, Beverly Yankwitt, Teri Ashley, Larry Stewart

Deck the Halls

By: Jessica Boles

From chimney climbing Santa's to cats and birds, our employees really showed their talent for Christmas decorating this year! We had a lot of entries and the judges had a very hard time deciding on just 3 for each category! All of the doors were decorated beautifully and the details were amazing! So, here are our winners for 2011.....

Individual Winners:

- 1st Place-Sheri Sciarretta-with the singing, climbing Santa and lights
- 2nd Place-Tina Romanowski-with a cat and birds theme
- 3rd Place-Stephanie Ellis-with an upside down Santa coming down the chimney

Group Winners:

- 1st Place-QM/IT Department with "Jingle bell Rock"
- 2nd Place-Healthy Start-"Welcome to a Child's Christmas"
- 3rd Place-CSU

Honorable Mention-Kathleen Simpson had a "Mrs. Claus" display in her office that we overlooked, but the display was beautiful.

All individual AND group winners will be invited to a lunch provided by Centennial Bank. The Centennial Bank Grilling Wagon will come to CBHC and will grill hotdogs and have chips for ALL of the winners!-Thank you Teri Ashley for this lunch!



1st place Group:
QM/IT



1st place Individual: Sheri Sciarretta

Dancing the Night Away

By: Shelly Terruso

Wow, what a night to remember! This was our first attempt at trying something new...something that would give us that feeling of unity as co workers & friends. With all of the positive expressions we've gotten, I'd say... we unquestionably succeeded! With all of the dancing that was done, I'm surprised that we're not all walking around feeling 20 lbs. lighter & ready for more. Now that's dancing!

The food? Hello? Is there any better? We could go on and on about the flawless meal that Brian O'Flaherty and Gina Wynn put together, but there's only so much space on a page. ☺ As they both promised... we could taste the love that went into every bite. May I just add...how could we have set the stage for this wonderful meal without Kathy Smith? Not to mention, her uncanny ability to beautify anything she touches.

Jessica B. and I were incredibly pleased to hear that our handy work with the decorations made our staff feel welcome & eager to get started with the fun! Let us not forget to give credit where credit is due here... huge expressions of gratitude to our Maintenance Dept. for the enormous amount of help that we received. No event gets done without our dedicated Maintenance staff & their illustrious leader.

We can't express enough how fortunate we feel to have such compassionate, supportive & genuinely caring staff. I would like to personally add that working together with Jessica Boles on the holiday party was a tremendous amount of fun & I respect her a great deal. She puts 150% into her ideas & creativity with everything she plans. Thank you for a remarkable party Jessica.

For those staff that were unable to attend or that missed it for circumstances beyond their control, let me just say that you were greatly missed.

And to sum it up... oh yes, yes, yes! We shall not let any grass grow under our feet until the next party. We've already started the planning. Look out 2012... we're coming with our jingle bells ringing & our dancing shoes prancing!!

Thank you to ALL staff for your never ending support.



Current Happenings...

Mental Health Court Holiday luncheon



Pictured: Judge Bell



TFC Holiday Lunch

Above & Beyond

By: Jessica Boles



I would like to nominate Charles Sigafoose for the Above & Beyond award. I have been with the agency almost 2 years now and I can honestly say that I haven't had one single agency event where Sigggy hasn't been right there by my side lending a helping hand. Coordinating and managing events can be a full time job on its own and as a person managing these events; I understand the value of volunteers.

Working at the CSU is demanding and takes a lot of work, but Sigggy always takes time out of his busy schedule and personal time to volunteer at our many events that we have through the agency, and I appreciate him more than words can say. Whether it is a weeknight, a weekend, or early morning, I know I can count on Sigggy for his positive and upbeat attitude to help out. He is always willing to step up and accepts all duties without any hesitation.

Sigggy is the usually the first person to arrive, and most certainly the very last person to leave. He is the person that is always helping me load boxes in my truck, clean up and handle the last minute work after everyone else is long gone.

Sigggy has been a huge help to myself and the agency and is an excellent example of a role model. I believe that Sigggy is a valuable team member and that he is an exceptional Above & Beyond recipient.

Thank you Sigggy for all of your assistance and your "can do" attitude, it is well appreciated by myself and CBHC.

ATTENTION MANAGERS:

If you would like to nominate a member of your staff for their "Above & Beyond" attitude and work, please submit your nomination to Shelly Terruso for the upcoming month's selection.

SHELLY TERRUSO
sterruso@cbhcfl.org ext. 245

Staff Celebrating Years of Service

Start Date	Department	Last Name	First Name	Start Date	Department	Last Name	First Name
1/1/1996	TFC	Wynn	Gina	1/13/2011	CSU	Joseph	Tasandra
1/2/2010	CSU	McAllister	Bennett	1/14/2003	Maintenance	Walker	Phillip
1/3/2011	CJD	Vazquez	Noel	1/14/2008	OP Child	Iacobbo	Lori
1/3/2011	Recovery	Rodriguez	Vanessa	1/18/2008	Med Clinic	Davis	Gloria
1/3/2007	OP Adult	Collins	Linda	1/18/2011	Med Clinic	Grennell	Jeanette
1/5/2009	TFC	Barnett	Lowell	1/18/2011	TFC	Post	Matthias
1/7/2008	CSU	Malone	Michael	1/21/2011	CSU	Oliva	Mario
1/10/2011	CSU	Shirosky	Lauren	1/23/2005	Parenting	Green	Jennifer
1/11/2010	CSU	Yarwood	Alston	1/25/2005	CSU	Ennis	Dwayne
1/11/2005	TFC	Hood	Amy	1/25/1998	Med Clinic	Hill	Donys
1/12/2009	CSU	Molieri	Vicente	1/30/2008	Maintenance	Gibbs	Christopher

Happy Birthday!

Last Name	First Name	Month	Day	Department	Last Name	First Name	Month	Day	Department
Gibbs	Christopher	January	1	Maintenance	Barbaro	Peter	January	12	Admin
Moore	Virginia	January	2	Med Clinic	Whitton	Richard	January	16	SA
Steffenhagen	Glenda	January	5	OP Adult	Hood	Amy	January	18	TFC
Romanowski	Tina	January	5	Med Clinic	Moses	Sharmaine	January	19	CSU
Carmona-Gonzalez	Eduardo	January	5	CSU	Allredge	Jacqueline	January	23	Recovery
Sigafoose	Charles	January	6	CSU	Green	Chrystal	January	28	CSU
Breeck	Tracy	January	7	CSU	Languigne	Eileen	January	28	Recovery
Terruso	Shelly	January	10	Admin	Baker	Bonnie	January	30	CSU
Bryant	Wednesday	January	10	Dietary	Ziegler	Christopher	January	31	CSU
Taylor	James	January	12	CSU					

Welcome New Hires to CBHC

Last Name	First Name	Date of Hire	Dept.
Hatch	Richard	12/12/2011	Maintenance
Phillips	Mariah	12/12/2011	Maintenance

A very special thank you to Melinda Diedrick for donating winter clothes to the CSU for consumers that are admitted to our facility.

THANK YOU MELINDA!

KUDOS, NEWS & CONGRATS

To Linda and all of you who work in MH Court/Court Services:

Thanks for the amazing luncheon today and the phenomenal work that you do.

Your clients' speeches are truly a testament to the heart, soul, and talent that you give daily.

I appreciated the opportunity to see it in action today.

-Vickie

Just a note to say the Christmas Party was a very good time, it was an event to remember and the food, the friends, the music, and the hard work that went into it really showed. The fearsome foursome (Jessica B, Shelly T, Gina W., and Brian O.) really outdid themselves. Thanks for a memorable evening.

-Steve



2011/2012 Board of Directors

Larry Stewart, President
 Jeff Brown, Vice President
 Ed Wotitzky, Secretary
 Major Mark Caro
 Michael B. Cronin
 Melinda Diedrick
 W. Cort Frohlich, Esquire
 Michael Grant
 Raymond A. Jasica
 Margaret C. Lang
 Rev. Dennis Postell
 Robert C. Sifrit, Esquire

Charlotte Behavioral Health Care underwent its' fourth accreditation review by the nationally recognized and highly respected CARF (Commission for Accreditation of Rehabilitation Facilities). CARF accreditation indicates CBHC's commitment to continually improving treatment services, encouraging feedback, and serving the community. CBHC's programs and services received the highest possible level of accreditation.



Margaret C. Lang
President Emeritus

Edward Wotitzky,
 Esq.
President

Donna Worthley
Vice President

Robert M. Dickinson
Treasurer

Teri Ashley
Secretary

Gilda Bourquin

Sushila Cherian

Carolyn Hansman

Ralph Yankwitt

Joseph Fiorillo, Jr.

Liz Green

Paul Lioon

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years	2 <i>OFF</i>	3	4	5 Executive Meeting	6	7
8	9 Fire & Safety Training	10 TEAM/ACT Training	11	12 Mgmt Meeting	13	14
15	16 MLK Day <i>OFF</i>	17	18	19 Executive Meeting	20	21
22	23	24	25 CBHC Meeting	26 Mgmt Meeting	27	28
29	30	31				

FAST FACTS

One in 17 adults live with a serious mental illness like schizophrenia, major depression or bipolar disorder.

By 2020, mental and substance use disorders will surpass all physical diseases worldwide as major causes of disability.

Healthy Minds

CBHC

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