

# HOPE

starts here

**Newsletter**  
**1st Edition**  
February 2017



## The Margo Lang Children's Crisis Stabilization Unit

An unexpected crisis can happen to a child at any time when they are feeling overwhelmed by their own feelings or when the demands of life surpass their ability to cope.

A possible crisis may occur in response to a recent traumatic event or result from an accumulation of stressors over a period of time. Mental health issues experienced by children in crisis may include aggression or problems controlling anger, difficulties getting along with peers or adults, managing worries and other troubling feelings and thoughts. These children may feel sad or worthless and engage in self-injurious behavior, sometimes even suicide attempts, while trying to cope with significant losses, traumas, or other major life events and changes.

As a parent, caregiver or treatment professional, no wish is more urgent than to ease the pain and anguish of a child that is experiencing a traumatic situation, or wishes to end their own life. A crisis stabilization unit is no place for a child, but unfortunately for one with a serious mental illness, this is the safest place for them to be.

(continued on next page)

*A Special thanks to the following Hope Starts Here Appeal Donors who have made this Mission Moment possible. Thank you.*

Jean Barnes	Monica Luna
Marjorie Benson	Mark Martella
Jenifer Bettencourt	Charles Mazza
Belinda Byrne	Terry Nehring
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Sharon Helphenstine	Beckman Concrete
Bruce Laishley	Panther Hollow
Nick Lang	Dental Lodge

**CHARLOTTE**  
**C B H C**  
Behavioral Health Care

**Fred Lang Foundation**

## Needs Appeal: Julie's Story



Many may recall Julie sharing her story with us during our Summer Ball fundraiser. Julie has a son who has been admitted into several crisis stabilization units. She describes them cold, sterile, and a scary place. She explained that a CSU with bright colors, books, and a welcoming environment would help make a parent's mind more calm.

View her story: Click [here](#)

**HOPE**  
starts here

**LEARN**  
**FROM YESTERDAY.**

**LIVE**  
**FOR TODAY.**

**HOPE**  
**FOR TOMORROW.**

**- ALBERT EINSTEIN**

## The Margo Lang Children's CSU (cont'd from page 1)

When a child needs the medical expertise, support, and treatment available at a crisis stabilization unit, they should have immediate access to it, in their local community.

Unfortunately, these beds have not been available in Charlotte County for our kids and Fred Lang is partnering with CBHC to fix this problem, and expand our Children's Unit capacity.

The Fred Lang Foundation created a needs appeal at last year's Summer Ball. The appeal was to provide the new Margo Lang Children's Crisis Unit to furnish the CSU with a child-friendly and family-centered environment. Thanks to you, our donors and sponsors, this safe place for children will be opening soon.

The new patient rooms and day room will be furnished with comfortable surroundings to encourage family interaction and provide a feeling of peace to our admitted children. By expanding the Margo Lang Children's Crisis Unit and enhancing the facilities and services available to children in our community, the Fred Lang Foundation hopes to relieve the fear associated with stabilizing a crisis and replace it with comfort, hope, and healing.

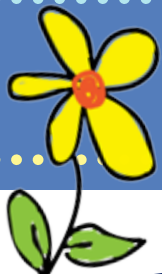
This safe place that you helped us create is where the healing begins.

Last November, the expansion on the Margo Lang Children's Crisis Unit began. The Unit will be expanded into a ten bed facility designed and built to provide help to children and adolescents ages 5-17 and their families in crisis.

Each child that is admitted is evaluated by a licensed therapist, and a child psychiatrist may then recommend an inpatient stay of 72 hours to stabilize symptoms.

The CSU serves to help children and their families stabilize the situation and return to pre-crisis levels of functioning. Our therapists create individualized treatment plans for the child and family that address the issue and help problem solve the issue that may have contributed to the crisis. The services provided at CBHC are focused on supporting relationships with family and friends, and assisting with their ability to get along with others and function effectively at home, in school, and in the community. The staff work collaboratively with the families' current providers and provide information to additional programs and resources available in the community.





# CSU Groundbreaking: Nov. 3, 2016



Photos by: Steve Lineberry & M2 Strategic Solutions

# here





# Construction Progress



THEN:  
NOVEMBER 2016



NOW:  
FEBRUARY 2017



Photo by: Steve Lineberry &  
M2 Strategic Solutions

## CONSTRUCTION PROGRESS

# EXCLUSIVE LOOK



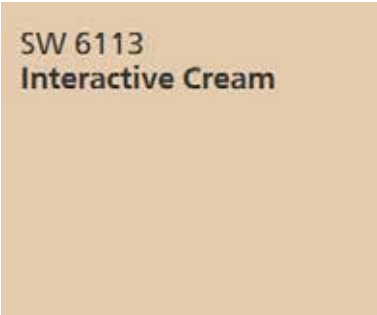
The photos on the following pages are a sneak peek into the furnishings that will be located inside the Margo Lang Children's Crisis Stabilization Unit. Your generosity has made it possible to create a warm and inviting atmosphere.



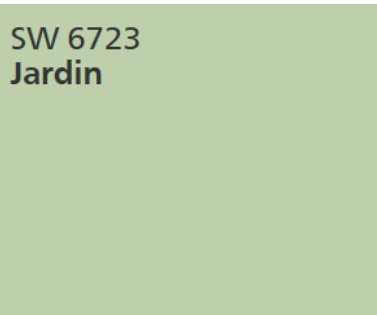
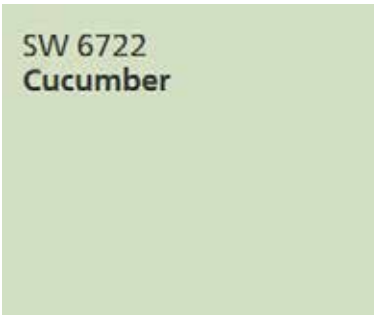
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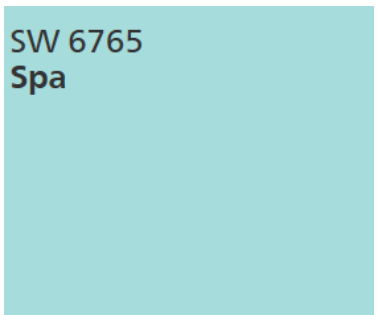
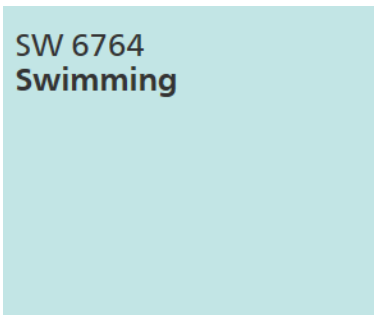
**CSU EXPANSION PAINT COLOR PALLETTE**



**Building Color & Trim Color**



**Interior Walls Color Pallette #1**



**Interior Walls Color Pallette #2**

**CSU EXPANSION CABINETS & COUNTERTOPS**





*It started with a need. It grew with a vision.  
Your support made it possible.*

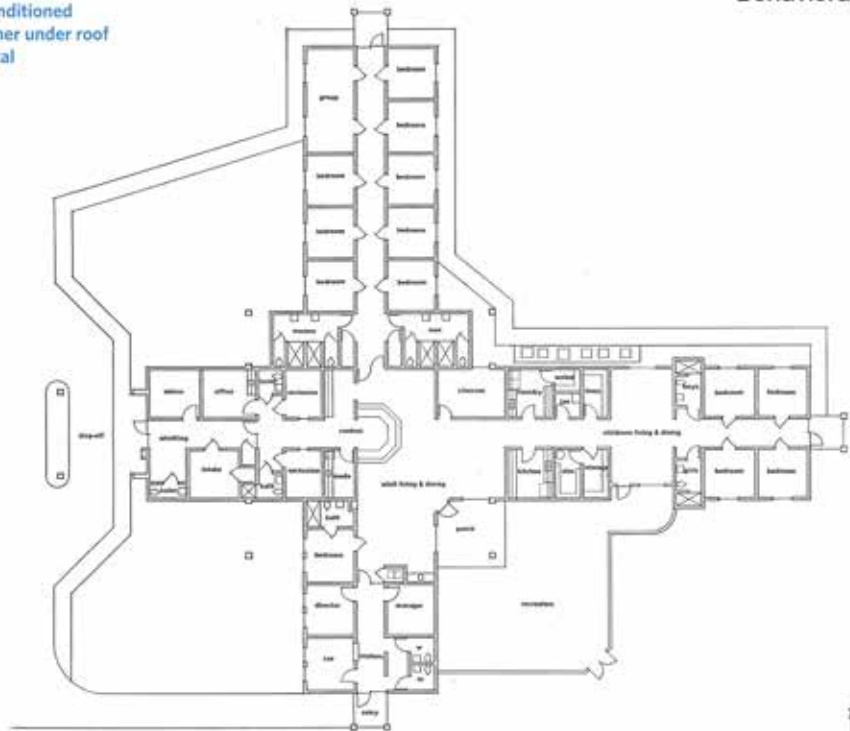


# Architect Renderings

## Existing CSU

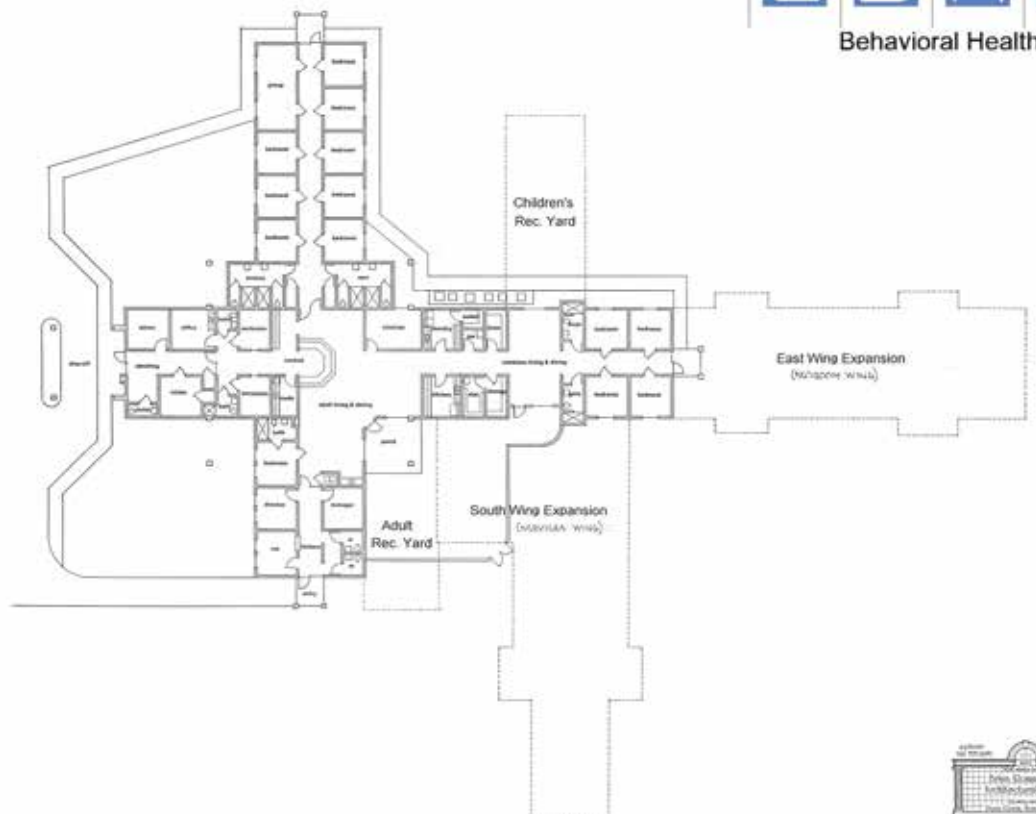
### Area Schedule

9,195	s.f. conditioned
1,146	s.f. other under roof
10,341	s.f. total



**CHARLOTTE**  
**CBHC**  
Behavioral Health Care

## Expansion Areas



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# CBHC

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**Roger Davis**  
Charlotte County Budget and  
Administrative Services



## Our Mission

Charlotte Behavioral Health Care's mission is to provide high quality, compassionate, cost effective health care services to the individuals and families we serve.



## Our Accreditation

Charlotte Behavioral Health Care underwent its fourth accreditation review by the nationally recognized and highly respected CARF (Commission for Accreditation of Rehabilitation Facilities).

CARF accreditation indicates CBHC's commitment to continually improving treatment services, encouraging feedback, and serving the community. CBHC's programs and services received the highest possible level of accreditation.

## Contact Us

Call our office at (941) 639-8300  
or visit [www.CBHCFL.org](http://www.CBHCFL.org)

**Charlotte Behavioral Health Care**  
1700 Education Ave. Punta Gorda, FL 33960

**Northside Psychiatric Services**  
1032 Tamiami Trail, Unit 7, Port Charlotte, FL 33953

**DeSoto Psychiatric Services**  
201 Gibson St. Arcadia, FL 34266

## Fred Lang Foundation Board of Directors

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Charlotte Sun

WE CARE,  
WE LISTEN





**March 14 \* 5p.m.—??**

**Join us in the side yard at Burg'r Bar on Tuesday, March 14  
for a fundraiser benefiting the Fred Lang Foundation  
to support Suicide Prevention and education in Charlotte County.**

**Local "celebrities" will be there to serve you food and drink  
throughout the night. And keep an eye out for our special area  
STARS to celebrate dining with you. Featuring music by Chris G.**

**Did you know?**

- Suicide rates in Charlotte County (18.9%) are one of the highest in our state
- Florida ranks 49th in per capita spending for mental health treatment
- 88.3% of CBHC patients had an annual income of \$25,000 or less; 34% were uninsured; and 46% were on Medicaid
- CBHC treated more than 11,000 Charlotte County residents last fiscal year; 3,000 of those were children

Benefitting:

**Fred Lang Foundation**

on behalf of Charlotte Behavioral Health Care

Hosted by:

EST. 2016  
**BURG'R BAR**  
*Where Friends Meet!*

317 Tamiami Trail  
Punta Gorda, FL 33950

The Fred Lang Foundation is a private, non-profit 501 C3 Organization registered with Florida's Department of Agriculture & Consumer Services. Registration # CH20023.  
Your support makes a difference in the lives of the children, adolescents, adults and families of Charlotte County.  
A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling 1-800-435-7352 within the state.  
Registration does not imply endorsement, approval or recommendation by the State of Florida.



# GOLF TOURNAMENT

LUNCH & SILENT AUCTION

MARCH 18, 2017

AT TWIN ISLES COUNTRY CLUB

3rd Annual!!

## PROCEEDS FROM THE EVENT BENEFIT



Behavioral Health Care

for Addictive Diseases & Co-occurring Mental Health Disorders  
**ARCHway**  
INSTITUTE

## TICKETS

Single Golf Ticket: \$100 • Team of 4 Golf: \$400

includes:

18 Holes with Cart

Buffet Lunch

Silent Auction

Awards & Gifts after Play

-or- Lunch Only Ticket: \$35

## SPONSORSHIPS AVAILABLE

\$250 & up - Gold Tee Box Sponsor

\$100 Silver Sponsor

\$50 Bronze Sponsor

*Swing into action  
against addiction!*

## EVENT SCHEDULE

Twin Isles Country Club

301 Madrid Boulevard, Punta Gorda, FL 33950

7:00 AM: Registration

8:15 AM: Tee Time

Shotgun Start/Scramble Format



Featuring Lunch Presentation  
by Annette Franks, M.Ed  
"Why Addiction is a Disease  
& Not a Choice"

For more information or to register for the event, visit [www.ARCHwayInstitute.org](http://www.ARCHwayInstitute.org)  
or contact Dan Stuckey at (314) 452-4982 or [DStuckey57@hotmail.com](mailto:DStuckey57@hotmail.com)



Free Lecture - Open to the Public

# "Understanding the Brain Disease of Addiction & the Addiction Recovery Process"

**Monday, March 20, 2017**  
**9 a.m. - 11 a.m.**

Charlotte Community Foundation  
227 Sullivan Street  
Punta Gorda, FL 33950



## Guest Speaker

**Annette Franks, M.Ed., LPC, CWC**

Annette is a Corporate Wellness Coach and Licensed Professional Counselor licensed by the State of Ohio Counselor and Social Worker Board. She has over 30 years counseling and consulting experience working with individuals, couples, families, and companies. [www.AnnetteFranks.com](http://www.AnnetteFranks.com)

Lecture is free and open to the public. **Limited seats available.** Please contact Dan Stuckey at **[DStuckey57@hotmail.com](mailto:DStuckey57@hotmail.com)** to reserve your seat today!

Lecture sponsored by the Archway Institute: "We believe in recovery from the disease of addiction."



LEARN MORE AT [THEARCHWAYINSTITUTE.ORG](http://THEARCHWAYINSTITUTE.ORG)



Save the Date  
**Saturday, July 22, 2017**



Fred Lang Foundation

14th Annual Summer Ball

*A Summer Night  
in Tahiti* the French  
Polynesia

Benefitting Charlotte Behavioral Health Care  
Held at the Charlotte Harbor Event & Conference Center

**SPONSORSHIPS AVAILABLE**

TO SPONSOR, CONTACT:

Kelly Pomerville

(941) 347-6407 or [kpomerville@cbhcfl.org](mailto:kpomerville@cbhcfl.org)