

Child-Parent Psychotherapy

Charlotte Behavioral Health Care



Overcome Difficulties in Your Child-Caregiver Relationship

Who benefits from Child-Parent Psychotherapy?

Child-Parent Psychotherapy (CPP) benefits caregivers and children (aged birth to 5 years old) who may have had difficulties, impacting the child and caregiver's relationship.

How does it work?

At the core, Child-Parent Psychotherapy focuses on attachment and bonding throughout treatment. The caregiver learns appropriate understanding of developmental expectations through the dyadic relationship of child and caregiver. This promotes healthy, caring, and meaningful interactions that meet the child's needs and bring resilience to the family.

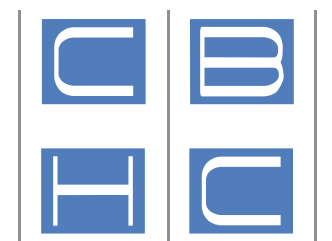
What is the length of treatment?

The first two sessions are with the caregiver only. For the third session, the child is introduced and work on the dyadic relationship begins. Sessions are weekly or biweekly, and the length of treatment is dependent on the assessment and family's movement towards safety, goals, and bonding.

Sliding scale with income verification required. Private health insurance, Value Options, Medicaid and Medicare assignments are accepted, when applicable. Limited funding is available for families who reside within Charlotte County with children between 4 and 18 years who are dealing with mental health or behavioral issues that are not covered by medical insurance.

For more information or to set up services, call (941) 639-8300.

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