



**For Immediate Release**

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***Charlotte Behavioral Health Care Hosts Recovery Event to Raise Awareness of Mental and Substance Use Disorder Support Services in Charlotte County***

Punta Gorda, FL - Mental and/or substance use disorders are a critical challenge that Charlotte County must address immediately. To draw attention to the issue, Charlotte Behavioral Health Care (CBHC) will lead a Recovery Vigil to raise awareness for people in need of treatment and recovery support services. The vigil, which was attended by more than 250 people last year, will draw support from many individuals in recovery, as well as their friends and families.

***National Recovery Month***, now in its 25th year, highlights individuals who have reclaimed their lives and are living happy and healthy lives in long-term recovery and also honors the prevention, treatment, and recovery service providers who make recovery possible. The Annual Recovery Vigil promotes the message that recovery in all its forms is possible, and also encourages citizens to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need.

Each September, thousands of prevention, treatment, and recovery programs and services around the country celebrate their successes and share them with their neighbors, friends, and colleagues in an effort to educate the public about recovery, how it works, for whom, and why. There are millions of Americans whose lives have been transformed through recovery. These successes often go unnoticed by the broader population; therefore, ***Recovery Month*** provides a vehicle to celebrate these accomplishments.

“It is important that the momentum we’ve established at this event is carried over to tomorrow, and the next day, week, and year,” states Jessica Boles, Director of Public Relations at Charlotte Behavioral Health Care. “We all have the potential to make a difference. We can all be examples of good health and wellness.”

Please join us at our Candlelight Vigil on September 26<sup>th</sup>, 2014 kicking off at 7:00 at Gilchrest Park, 400 W. Retta Esplanade Punta Gorda, FL 33950.

For more information, or to reserve a provider table please contact Jessica Boles, Director of Public Relations at Charlotte Behavioral Health Care at [jboles@cbhcfl.org](mailto:jboles@cbhcfl.org) or 941.639.8300 ext. 275.

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