

## **For Immediate Release**

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## Fred Lang Foundation Front Nine to be Held October 6

**PUNTA GORDA, Fla. (September 18, 2018)** – The Girls Night Out (GNO) Bar Stool Open in Punta Gorda officially switched hands this year to become an ongoing fundraiser for the Fred Lang Foundation and Charlotte Behavioral Health Care. The event, renamed the "Fred Lang Front Nine" is still chaired by Jill Ferguson, a longtime GNO member who is also a Fred Lang Foundation Board Member.

"GNO had turned the popular Bar Stool Open into a very profitable fundraiser for various organizations over the years," said Ferguson. "However, after ten years, we decided it was time to pass the event planning torch to a non-profit organization – that's where the Fred Lang Foundation came in. The Fred Lang Foundation has a dedicated board of directors that are fabulous at running fundraisers."

This year's event starts with a shotgun start at 10:30 a.m. on Saturday, October 6. Players will play a hole of putt-putt golf at nine different restaurants around Punta Gorda. The locations are: Beef 'O' Brady's, Belgian Monk, Burg'r Bar, Celtic Ray Public House, Deans South of the Border, Hurricane Charley's, Ice House, Leroy's, and Orange House Wine Bar.

Although many players walk from location to location, free shuttle service is provided. A closing party will be held at 6 p.m. at Hurricane Charley's. There, raffle prizes are given out, and grand prizes are awarded.

The theme of this year's event is "Be a Hero" for mental health. The cost is \$100 per foursome, and foursomes are encouraged to dress to the "hero" theme.

Join us! Players may register at any participating location listed above. Deadline to register is Saturday, September 29<sup>th</sup>. For more information, stop by any location or contact Ferguson at 412-973-0429 or Liz Green, event co-chair, at 407-927-3882.

## **About the Fred Lang Foundation**

The Fred Lang Foundation's mission is to aid individuals in finding hope for a brighter tomorrow through effective mental health and substance abuse treatment. The funds raised at the Fred Lang Front Nine will be used to provide effective mental health services for children and families in Charlotte County through Charlotte Behavioral Health Care.