



For Immediate Release

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**“DINE WITH A STAR AT THE BURG’R BAR” ON MARCH 20
TO RAISE FUNDS FOR TRAUMA VICTIM THERAPIES**

PUNTA GORDA, Fla. (March 4, 2019) – Join us in the side yard at Burg’r Bar, located at 317 Tamiami Trail in Punta Gorda, on Tuesday, March 20 from 5 p.m. until 9 p.m. for a fundraiser benefiting the Fred Lang Foundation to support mental health initiatives in Charlotte County.

Tickets to the popular 3rd Annual Dine with a Star at the Burg’r Bar are \$25 and include entry into the event, a BBQ sandwich, baked beans, slaw, and a drink (alcoholic or non-alcoholic). Additional menu items for purchase include dessert; water, soda, and coffee; beer, wine and Burg’r Bar’s own rum punch.

Local “celebrities” will be on hand to serve attendees food and drink throughout the night. Celebrities include: Adeline Seakwood, Bill Hawley (Fawcett Memorial Hospital), Danny Nix (Nix & Associates Real Estate), Jeff Leedy (Merrill Lynch), Justin Brand (Charlotte Community Foundation), Matt Nemec (Edgewater Events), Chief Pam Davis (Punta Gorda Police Department), Regina Buckley (Punta Gorda Isles Civic Association), Rhondy Weston (Patrice Weston State Farm), Kristen Randolph (The Parrot Magazine), and Robert Ferguson (The Parrot Magazine).

Funds raised at the event will be donated to the Fred Lang Foundation on behalf of Charlotte Behavioral Health Care (CHBC). The majority will be used to expand CBHC’s evidenced-based trauma therapy programs. Many adults in crisis have been significantly affected by childhood trauma or other lifetime traumas. In fact, research indicates anywhere from 60-80% of those with mental health or substance abuse diagnoses have been exposed to some form of sexual, emotional, or physical trauma. Fortunately, there are specialized trauma treatments available for individuals exposed to trauma.

“We are very excited to partner with Fred Lang Foundation again this year,” said Paul Lynch, owner of Burg’r Bar, “We like to do our part to ensure our community members receive the mental health services they need. For us, it’s all about giving back.”

“CBHC provides mental health and substance use treatment services to all members of our community - regardless of their ability to pay,” said Patti Guerzo, event chair and member of the Fred Lang Foundation Board of Directors, “The Fred Lang Foundation, as CBHC’s fundraising arm, raises funds for programs that are otherwise not funded by the state or anyone else, thus filling the gaps in mental health services in our community. We love our partnership with Burg’r Bar. Owners Paul and Brenda Lynch are passionate about their giving back to their community; we are lucky to have them on our team.”

To pre-purchase your tickets or view more event details, visit www.CBHCfl.org/events. You may also purchase tickets at the door. For more information, call Kelly Pomerville at (941) 347-6407 or e-mail kpomerville@cbhcfl.org.

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