

# Therapeutic Behavioral On-site (TBOS) Services

Charlotte Behavioral Health Care



## Intensive Treatment Program Designed to Keep Children in the Home

Therapeutic Behavioral On-site Services is an intensive treatment program intended to prevent children who have complex emotional and behavioral issues from requiring placement in a more restrictive behavioral health setting. Services are intended to keep the child in the home (permanent or foster).

Services are coordinated through individualized treatment teams, which includes the child/adolescent (up to the age of 21), the family, and the TBOS clinician, as well as other providers, if appropriate. A team approach is used so that you and your family are fully involved in your child's treatment. Your clinician will provide support to strengthen your family system and identify the best ways you can work together. The goal is to improve your child's functioning, decrease family stress, and improve family dynamics.

TBOS Services are provided in a non-clinical setting - such as home, school, or other setting. Because TBOSS is an intensive program, we are able to support your family in the home and the school in a variety of ways, including individual and family therapy, school support, SA education and screening, relapse prevention plans, behavioral management plans, parenting skills, anger management, and decision making skills.

**If you think TBOSS may be right for your family, call us at 941-639-8300.**

