

Family Support Team

Charlotte Behavioral Health Care



Comprehensive Services for At Risk Families

The Family Support Team (FST) is a multi-disciplinary clinical team (made up of a team lead, therapist, case manager, mentor, and an administrative assistant) that provides comprehensive and community-based treatment to youth and their families whose children are at risk of out-of-home placement due to a mental health or co-occurring disorder and related complex issues for whom traditional services are not/have not been adequate.

This program is roughly four to six months and individualized to the patient and family needs. The goals of the Family Support Team are to help build family dynamics, lessen risk of out-of-home placements and crisis utilizations, increase school attendance and housing stability, and to overall help with family functioning.

Services provided and/or coordinated by the team include:

- Therapy (individual and family)
- Case management services
- Mentoring to help build connection and stabilization in the family dynamic
- Crisis intervention
- Educational system advocacy, coordination, and tutoring

Referrals are centralized. Please contact the Family Support Team at 941-639-8300, extension 2478 or e-mail _FST@cbhcfl.org.

